

# ARUNDEL AND BRIGHTON LOURDES PILGRIMAGE

## REDSHIRTS - CODE OF CONDUCT

One of the great joys and privileges of being on pilgrimage is the opportunity to share the experiences with others. As individuals who would wish to have a joyful, fruitful and meaningful time, we must, at all times, be mindful of our own behaviour and responsibility towards others. Our behaviour can either enhance or diminish the pilgrimage experience for other pilgrims.

If we all adopt a friendly and positive attitude then we can all have an enjoyable and fruitful experience on Pilgrimage.

Redshirts on the Arundel and Brighton Lourdes Pilgrimage are expected to conduct themselves in a manner that reflects favourably on themselves, their families, parishes and schools. Redshirts are expected to project an image of Christian consideration, sensitivity and respect for themselves and for each other during the trip.

They are also expected to show respect to adult leaders, other participants and everyone with whom they come into contact. They are to co-operate in creating a healthy and appropriate atmosphere.

With this in mind, and in order to avoid any misunderstanding the Arundel and Brighton Lourdes Pilgrimage Trust ('the Pilgrimage Trust') considers it essential that Redshirts and their parents or guardians are aware of our expectations and that all Redshirts agree to comply with the following code of conduct:

- I will accept the authority of the Redshirt co-ordinator, the chaplains and the group leaders appointed by the Pilgrimage Trust.
- I will comply with all instructions given by a member of the leadership team which will include specific details of bedtimes (generally no later than 11.00pm), out of bounds areas and the safe and responsible use of free time.
- I am expected to be in my designated hotel room by 11.00pm (or whenever the day comes to an end) and to remain in there for the rest of the night unless I am required to evacuate in an emergency situation.
- I will not smoke, carry with me or take any drugs other than those prescribed for me by my GP, nor carry with me, purchase or drink any alcohol during the entire time of the pilgrimage or at any pre and post pilgrimage event.
- I will not purchase in Lourdes or carry any items that are designated illegal in the UK.
- I will ensure that I am able to contact or be contacted by those responsible for me at all times.
- I accept that I must be up every morning in time for breakfast, Morning Prayer and all other scheduled meetings.
- I will treat all other Redshirts and all members of the leadership team with respect and courtesy at all times.
- I will accept responsibility for the security of my own belongings and valuables and be respectful of the property of others.
- I must never deliberately put myself or others at risk by thoughtless or inappropriate behaviour.
- If I am worried, concerned or anxious about any aspect of the pilgrimage experience I will let a member of the Redshirt Leadership Team know as soon as possible or ask to speak to the Pilgrimage Director or Pilgrimage Safeguarding Officer in private. In particular (but not exclusively) in circumstances where either myself or another pilgrim may be in any danger.
- I will restrict the use of mobile phones to 'free time' or emergencies. I accept that mobile phones being used during any part of the working day or during meal times may be temporarily confiscated. I agree that all my mobile phones will be removed at night for safekeeping by my leaders and returned to me the next morning.
- The Arundel and Brighton Pilgrimage has policies and guidelines and I agree to abide by these; copies are available on request.

Name of Applicant (please print): .....

Signature of Applicant: ..... Date: .....

Signature of Parent/Guardian: ..... Date: .....